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## STARTERS

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<b>SEAFOOD BASKET</b> <i>panko squid rings, prawn cutlets, salt &amp; pepper squid and battered cod pieces served with a choice of homemade garlic mayo or tartar sauce</i>	£6.25	<b>HOMEMADE CHICKEN GOUJONS</b> <i>chicken fillets breaded and deep fried, served with a sweet chilli or BBQ sauce</i>	£5.25
<b>GRILLED CHILLI HALLOUMI &amp; ASPARAGUS V</b> <i>served on a bed of fiery rocket</i>	£6.95	<b>HOMEMADE SOUP V DF</b> <i>served with freshly baked bread</i>	£5.25
<b>CREAMY GARLIC MUSHROOMS V</b> <i>sliced mushrooms, sauted in a garlic cream &amp; white wine sauce, with a toasted crouton</i>	£5.75	<b>DEEP FRIED BRIE V</b> <i>breaded Brie wedges with homemade cranberry &amp; orange sauce</i>	£6.95
		<b>SEABASS V DF GF</b> <i>seabass fillet, roasted peppers and a lemon &amp; dill oil</i>	£6.95

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## SHARERS

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Perfect with a drink or as a starter to share

<b>NACHOS V</b> <i>warm tortilla chips topped with melted cheese, jalapenos, tomato salsa, guacamole and sour cream</i>			£8.25
<b>LOADED NACHOS</b> <i>warm tortilla chips topped with homemade spicy beef and melted cheese served with Mexican salsa or cream cheese</i>			£8.95
<b>FISH PLATTER</b> <i>hot chilli prawns, deep fried calamari, marinated white anchovies and half shell clams served with toasted flat bread</i>			£10.95
<b>PLOUGHMANS PLATTER</b> <i>home glazed ham and local cheddar with "Claire's Homemade Chutneys" and pickles, mini pork pies and bakers bread</i>			£9.95
<b>CHEESE PLATTER</b> <i>selection of "Appleby Creamery" cheeses, celery sticks "Claire's Homemade" red onion chutney, variety of crackers and pickles</i>			£9.95

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## SALADS

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<b>CHICKEN CAESAR SALAD</b> <i>grilled chicken breast with mixed leaves, croutons, crispy bacon, parmesan shavings and a creamy Caesar dressing</i>			£9.95
<b>HOME GLAZED HAM SALAD</b> <i>thick cut home glazed ham, new potatoes, served on a bed of mixed leaves and topped with a warm boiled egg</i>			£9.95
<b>GREEK SALAD</b> <i>rocket leaves, Greek feta cheese, sliced tomatoes with a balsamic &amp; olive oil dressing and mixed olives</i>			£9.25
<b>PRAWN SALAD</b> <i>cold water Atlantic prawns on a bed of mixed leaves with a lime &amp; vinegarette dressing</i>			£9.95
<b>SMOKED MACKEREL SALAD</b> <i>flaked smoked mackerel with mixed leaves, new potatoes, baby vine tomatoes and a creamy horseradish sauce</i>			£8.95

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## SIDES

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<b>HOMEMADE CHIPS</b>	£2.75	<b>HOMEMADE COLESLAW</b>	£2.20
<b>SKINNY FRIES</b>	£2.50	<b>VEGETABLES</b>	£2.75
<b>SWEET POTATO FRIES</b>	£2.75	<b>DRESSED SIDE SALAD</b>	£2.75
<b>BEER BATTERED ONION RINGS</b>	£2.65		

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## PUB CLASSICS

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<b>HOMEMADE STEAK &amp; ALE PIE</b>	£9.95
<i>our locally sourced steak cooked in a red onion &amp; "Thwaites Ale" gravy with either chips or creamy mash and vegetables</i>	
<b>BEER BATTERED FISH</b>	£10.95
<i>fresh cod fillet in our "Thwaites Ale" batter served with homemade chips, mushy peas and tartar sauce</i>	
<b>CAPRESE CHICKEN</b>	£10.50
<i>stuffed with tomatoes, mozzarella and italian herbs. Served in a creamy basil sauce, asparagus spears, chips or new potatoes</i>	
<b>HOMEMADE LASAGNE</b>	£9.95
<i>locally sourced mince beef and Napoli sauce layered with fresh pasta with garlic bread and salad</i>	
<b>BREADED WHOLETAIL SCAMPI</b>	£9.50
<i>premium scampi tails breaded and served with homemade chips, petit pois and tartar sauce</i>	
<b>TRADITIONAL CUMBERLAND SAUSAGE</b>	£8.25
<i>served on a bed of creamy mash with fresh vegetables and a rich home made gravy</i>	
<b>STEAK BURGER</b>	£9.50
<i>hand pressed, locally sourced steak mince, served on a toasted bap with crisp iceberg lettuce, red onion chutney and skinny fries</i>	
<b>CHICKEN BURGER</b>	£9.25
<i>chicken fillet hand battered in "Thwaites Ale" batter, served on a toasted bap with crisp iceberg lettuce, garlic mayo and skinny fries</i>	
<b>VEGI BURGER V</b>	£9.25
<i>chickpea &amp; sweet potato burger in a toasted bap with "Claire's Homemade Chilli Jam", crisp iceberg lettuce and skinny fries</i>	

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<b>WHY NOT ADD A BURGER TOPPING</b>	£1.25
<i>bacon, fried egg, chilli cheese, cheddar, mozzarella, pineapple or fried onions</i>	

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## FISH & GRILL

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<b>PAN-FRIED SEA BASS FILLETS</b>	£11.95	<b>RUMP STEAK (COOKED TO YOUR LIKING)</b>	£13.95
<i>with crushed new potatoes vine-ripened tomatoes and a pea puree with a lemon and dill sauce</i>		<i>served with flat mushrooms grilled tomatoes homemade chips and onion rings</i>	
<b>SWORDFISH FILLET</b>	£13.95	<b>SIRLOIN STEAK</b>	£15.95
<i>served with lemon and garlic sauce and hasselback potatoes and vegetables</i>		<i>cooked to your liking and served with flat mushrooms, tomatoes homemade chips and onion rings</i>	
<b>HORSESHOE GAMMON STEAK</b>	£10.95	<b>HOWARD ARMS MIXED GRILL</b>	£18.95
<i>served with homemade chips and peas and topped with your choice of fried egg or pineapple ring</i>		<i>4 oz steak, 4 oz gammon, chicken fillet, Cumberland sausage, homemade chips, onion rings, mushrooms and peas</i>	

## PASTA

All served with garlic bread & salad

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<b>PENNE CARBONARA</b>	£8.95	<b>SEAFOOD PASTA</b>	£9.50
<i>bacon, mushroom and onion in a cream &amp; white wine sauce</i>		<i>prawn, salmon and white anchovies in a tomato &amp; chilli sauce</i>	
<b>VEGETABLE CARBONARA V</b>	£8.95	<b>CHICKEN &amp; BACON TAGLIATELLE</b>	£9.50
<i>broccoli, asparagus and onions in a creamy white sauce</i>		<i>cooked in a creamy Napoli sauce</i>	

## CHILDREN'S MEALS - £6.50

Including a glass of cordial and an ice cream tub for pudding

FISH FINGERS AND CHIPS  
*with baked beans or garden peas*

HOMEMADE CHICKEN BITES  
*with baked beans or garden peas*

SAUSAGE AND MASH  
*with garden peas*

MAC AND CHEESE V  
*with garden peas*

PENNE PASTA WITH TOMATO SAUCE AND GRATED CHEESE V

CHILDREN'S MILKSHAKES  
ADD AN ICE CREAM MILKSHAKE TO YOUR MEAL FOR £1.50  
*choose from strawberry, chocolate, vanilla or banana*

## PUDDINGS

All can be served with fresh cream, vanilla ice cream or custard

LOCALLY MADE STICKY TOFFEE PUDDING <i>with toffee sauce</i>	£5.25
FRUIT BERRY STACK <i>triple layer of raspberry, blackcurrant and white chocolate topped with forest fruits and a sweet glaze</i>	£5.25
ALABAMA CHOCOLATE FUDGE CAKE <i>served warm or cold</i>	£4.95
LEMON MERINGUE PIE	£5.15
HOMEMADE CHEESECAKE OF THE DAY <i>please ask for today's flavour</i>	£5.25
TRADITIONAL APPLE CRUMBLE	£4.95
CHEESE PLATTER <i>selection of "Appleby Creamery" cheeses, celery sticks "Claire's Homemade" red onion chutney, variety of crackers and pickles</i>	£9.95

## HOT DRINKS

ESPRESSO	£1.95	LIQUEUR COFFEE	£4.50
DOUBLE ESPRESSO	£2.20	<i>choose from Tia Maria, Baileys, whiskey or your favourite tippie from our bar!</i>	
MACCHIATO	£2.20	HOT CHOCOLATE	£3.00
AMERICANO	£2.25	LUXURY HOT CHOCOLATE	£3.25
FLAT WHITE	£2.50	<i>topped with whipped cream and marshmallows</i>	
CAPPUCCINO	£2.50	TEA	£1.50
LATTE	£2.50	SPECIALITY TEA	£2.95
MOCHA	£3.00		